



WEDNESDAY, MARCH 27, 2024

To See or Not to See

First Key Lesson: New, true self-knowledge re-orders the world we see because, for one thing, the way we experience each moment of life is inseparable from how we understand it; so that just as a fractured mirror can only reflect back an image that seems shattered, so is it true that a divided mind can't see what is holy.

Second Key Lesson: We believe that what we see is the cause of our experience, when the truth is discernibly otherwise: it is how we experience each moment, i.e., our reaction to it, that determines not just how we see it, but what we see as its cause, accordingly.

Talk Takeaways

- New, true self-knowledge reorders the world that you see. You see the world through the order of your mind - but right now the order of your mind is the world's order.
- When you see the truth of something, that truth creates stillness.
- Feeling good about the work isn't the same as doing the work. There is a part of you always looking for a way to get around what needs to be done.
- Doing the work is going deeper into what you don't already see and know about yourself.

- It is how you experience each moment — i.e. your reaction to it — that determines how you see it.
- You can't be yourself until you can see for yourself. The whole of this work is about being yourself.
- The moment I fear doesn't exist apart from the level of consciousness that has interpreted the meaning of that moment.
- There is no resistance without unseen insistence prior to the moment that stirs it.
- The awareness of the absence of something is the proof of its existence.
- Everything moves in constant circles. Everything comes and goes. But just because something goes doesn't mean it's not still there. What's not there in that moment is your capacity to be aware of it.
- You look for what you want, not what you're being given.
- God allows for the movement of the opposites in you so that your awareness of these opposites can begin to bridge them. When the opposites are bridged, there is no longer a self that knows itself through either of them. Only awareness can bridge the opposites, because it can see both of them at the same time.
- The whole of this identity has to fall away, because it is the maker of, and is made by, each image it creates.
- There is an unknown place in the soul where it is infused with the light of life — with life-giving, love-providing light — infinitely.
- What you need you already have been given.
- Whatever the mind makes is a mis-creation because it has made it in its own image.
- Nothing this mind gives me to do or be will bring an end to the need God gave me to know my life as His own.

- To learn from any moment you must enter into the consciousness that's creating it. But it's painful to do that, so you avoid it.
- Help isn't on the way - it's here. It's always here.